



The Cardiff Triathlon INDIVIDUAL Entry Form - June 2018

Please complete all sections in block capitals and circle options.

Distance (please circle):

SUPER SPRINT – (400m/10km/2.5km) OR SPRINT – (750m/20km/5km) OR FULL – (1500m/40km/10km)

Name:

Address:

Post Code:

Email:

Home Telephone:

Mobile Telephone:

Date of Birth (minimum age 17 for Full and 16 for Sprint):

Gender (please delete): M/F

Club:

Estimated Finish Time (HH-MM-SS):

Would you like to be in the elite wave (this will be the first wave to go)? Y / N

Affiliated Triathlon Member (please delete): Y / N

(if not a member of your Triathlon home nation governing body, for race insurance you will be required to register as a day member with Welsh Triathlon on the day of the event - £5, payable on the day. **MEMBERSHIP NUMBER:**

Emergency Contact Name:

Emergency Contact Number:

Would you like to buy a race T-shirt (£20): Y/N (circle size)

Unisex size: S/M/L/XL OR Ladies' fit size: S(8), M(10), L(12), XL(12-14)

Would you like to buy and event hoodie (£30)? Y/N (circle size)

Unisex size: S/M/L/XL

Would you like to donate to our official event charity? Y/N (please circle)

£2.50 or £5 or £10

Signature:

Date:

Please note: Minimum age 17 for Full and 16 for Sprint
Please enclose cheque for entry fee of **£79.95 (FULL)** or **£69.95 (SPRINT)** or **£54.95 (SUPER SPRINT)**, and add T shirt fee and/or charity donation where applicable.
Cheques payable to 'Always Aim High Events Ltd' and return to: Always Aim High Events. The Events Hub. Units 3&4, Pen-yr-Orsedd, Bryn Cefni. Llangefni. LL77 7AW
Declaration

By signing the entry form overleaf I agree to the following declaration:

I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained.

In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event.

I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic, and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, and each of their agents, representatives, successors and assigns, and all other persons associated with the event, for all my liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in this event.

I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise.

I declare that all information provided is true and accurate.

I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event.

A full refund is only available within the 14 day cooling off period. For the full refunds and transfers policy please see our website. Any withdrawals after the 14 days cooling off period will not be eligible for a refund. Due to the nature of sporting events we are unable to make exceptions for injuries, pregnancy etc.